

# ÁGI CSERHALMI

PSYCHOLOGYST, COACH, CANDIDATE FOR SCHEMA CONSULTANT IN TRAINING

#### MAIN OBJECTIVE

 I provide professional support to my clients in resolving their individual life or business challenges and in attaining their objectives. I utilize a range of psychological and coaching techniques combined with my extensive professional expertise, to facilitate their progress.

# **RESEARCH TOPICS**

- leadership communication
- work-life balance
- positive schemas
- morningness-eveningness
- gender roles
- relationship abuse

# CONTACT

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# PROFESSIONAL EXPERIENCE

# Psychologist, Coach

Private Entrepreneur | 2023-

– I support my clients in resolving their various challenges

#### Coach

Freelance | 2022-2023

I supported my clients in managing life and career challenges

# Learning & Development Lead

KPMG Global Services | 2018-2019

- Strategic leadership of performance and talent management leading initiatives, shaping the company culture

# Learning & Development Manager

KPMG Global Services | 2014-2018

 Designing the training & development and HR management system for a new, rapidly growing company

# Knowledge Manager

KPMG Hungary | 2010-2014

– Monitoring, analyzing, communicating, and providing training on legal changes (incl. case law) in 30+ countries and the EU

#### Tax Advisor

KPMG Hungary | 2001-2008

lax & legal advisory for complex tax strategies and tax planning

# METHOD-SPECIFIC TRAINING

Schema Therapy for Children and Adolescents

Schema Therapy - Complex Cases

Schema Therapy - Group Self-Experience

Schema Therapy - Consultant Training

Hungarian Society of Schema Therapy | 2023

**Carrier Coaching** 

Antener | 2023

Life Coaching

Antener | 2022

# QUALIFICATIONS

# Psychologist

University of Debrecen | 2023

Behavior Analyst

Károli Gáspár University of the Ref. Ch. | 2021

### **Economist**

Szolnok College | 2004

#### Lawyer

Eötvös Loránd University of Sciences | 200

# MY PSYCHOLOGICAL RESEARCH

The Assessment of Intimate Partner Violence and Some Correlations

Thesis, University of Debrecen | 2023

Psychological Examination of Chronotype and Positive Schemas: Independence/Competence, Safety in the World

Thesis, Károli Gáspár University of the Reformed Church | 2020

The Role of Appreciation in the Work-Family Conflict of Female Physicians

Thesis, Károli Gáspár University of the Reformed Church | 2019

# **LECTURE**

The Role of Appreciation in the Work-Family Conflict of Female Physicians

I presented my research and its results as a Symposium at the 28th Scientific Assembly of the Hungarian Psychological Society | 2019

# **PUBLICATION**

Gyöngyösiné Cserhalmi, Ágnes et al. (2021). The Role of Appreciation in Reconciling Work-Family Conflict Among Female Physicians. Psychologia Hungarica Caroliensis 9(1). 5-20. doi:10.52993/PSYHUNG.9.2021.1.1

# PROFESSIONAL MEMBERSHIP

I am a member of the Hungarian Society of Schema Therapy.